



RUMTEK MONASTERY  
GANGTOK  
SIKKIM

VIA INDIA

Your Majesty  
Queen Margarethe of Denmark,

By the blessing of the Highest may you and yours be well and happy.

The occasion for writing this letter is the return to Denmark of my trusted pupils, Ole and Hannah NYDAHL of Denmark.

As a follower of Lord Buddha, and the head of one of the four great Sects or Schools of Mahayana Buddhism, in old Tibet, now living as refugees in India, we are specially concerned with Dharma and what you would call the religious life. Our Sect is called the Kagyudpa Sect, and includes many great historical Yogis and saints.

One of the features of the modern age is the trend of many young people towards the East, and I get pupils from many nations who are deeply sincere in their search for the truth. Ole and Hannah are two such. I have therefore entrusted them with the task of establishing a Centre and meditation centre in Denmark where many earnest seekers young and old may learn to meditate and "look within" according to our old and tried traditions.

Belonging to a country which always reveres and respects the "Dharma ruler" as we call the King or Queen, I wished to write this letter, which I send by their hands, to introduce them to you, so that they may have your moral support and protection in this work they are beginning. In essence all religions are one, and all seek "the good life", not for ministers and priests only, but for all living beings, all men and women whoever they may be.

We have had some very remarkable results with young people who are going through the trials of what might be called a war-torn and drug-deluded generation. We have our own way of showing the way to peace, and a natural healthy life.

Praying that you may make the way clearer for these young people. With blessings